

# Nippon Buddy

Personal dashboard for employees only





For firms that value their employee's work-life balance, Nippon helps maintain wellness and provide them a way to work better with Nippon Buddy. It equips us with a time-based view on work habits, an account of daily effort, and proactive employee engagement.



### Personal dashboard

Customizable for user summary

01

### Flow time

Time-based view of user activities, applications, and purposes

03

### Features

02

### Work yoga

Graphical insight into work habits

04

### Activities

Enables the user to view and account daily efforts

# Enables employee wellness



## Wellness at work

### You have a long day!

Tight deadlines? Your hard work will surely pay dividends. But perhaps it will be good to wind up for the day. Come back refreshed and ready to deal with this tomorrow.

## Wellness at work

### It's time for a break!

Hey, it is time to get up and stretch yourself, or maybe take a short walk. That will refresh you, so you are ready to dive in again.



# Enables employee wellness

Challenge accepted:

In the zone > 1:30 hrs per day

END

70

Your points this month

150

To win badge

Top reasons for losing focus

Unaccounted time (56.2%)

Meetings (34.4%)

Personal browsing (9.4%)



2

Last month: 250

Last won: May'21

## Badges



-

Off-PC Interval

[Valid until 14 Apr'21]



2

In the zone

Challenge accepted

[Valid until 14 Apr'21]

### To win the In-the-zone badges:

- Schedules 2-3 Focus hours using Buddy Settings
- Reserve for core work, not emails and meetings

# Setup their own work goals


**Your goal: Work time > 6.00 hrs**

**Congrats - lots of work time!**

You were able to spend required time on work. Keep it up, and hope it helped meet your goals for today.



## Focus time- Emphasis on what matters

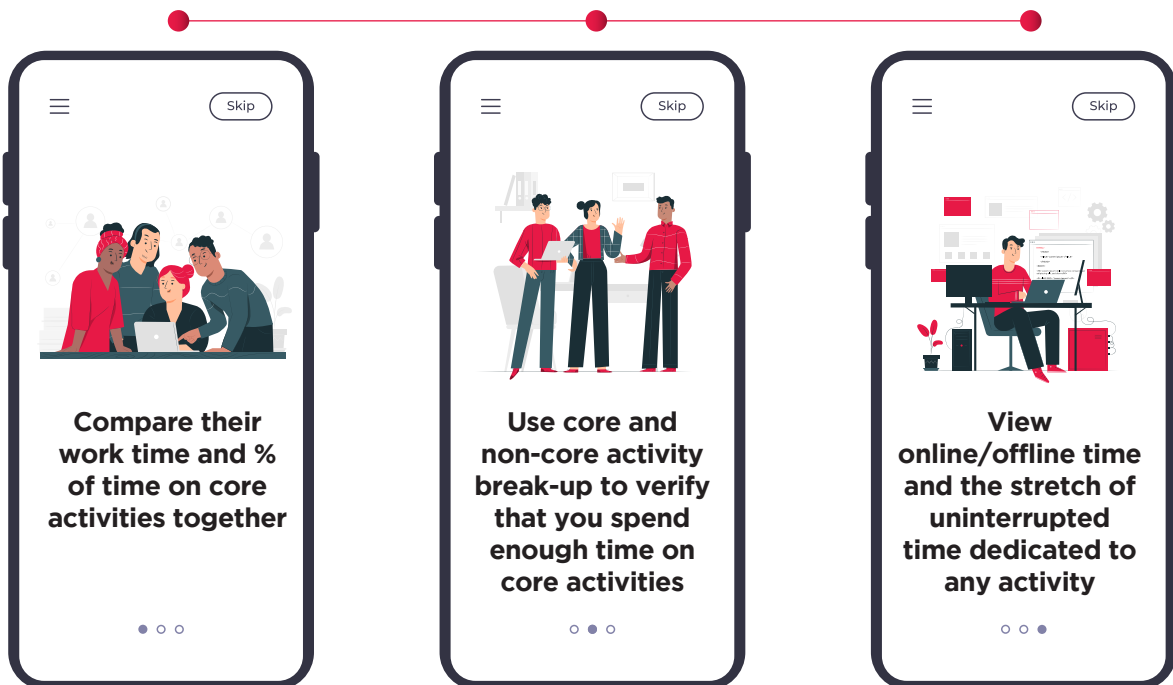
**OFF** Turn on for 1 hour 

Turn on for 1.5 hours

Turn on for 2 hours

Turn on for 4 hours

## User can




# Benefits HCL gained from implementing Nippon

## HCL as an organization



## HCL Employees

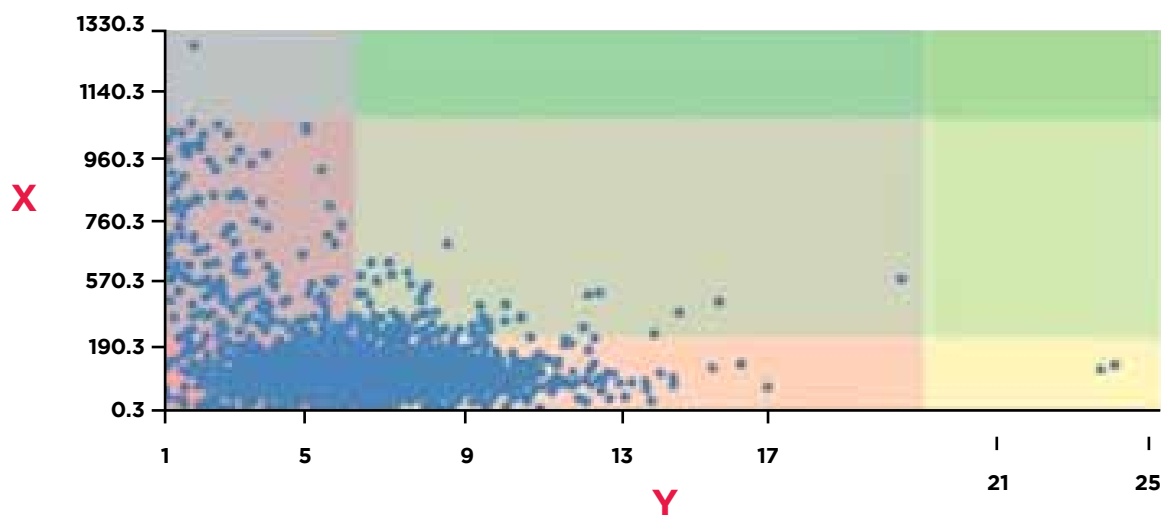
- 1


Delivered more value for the same effort
- 2


Maintained an ideal work-life balance
- 3


Facilitated a way of self-evaluation of efforts
- 4


Fostered employee motivation and engagement



**X** Final KPI values | **Y** Time



HCL Technologies (HCL) empowers global enterprises with technology for the next decade today. HCL's Mode 1-2-3 strategy, through its deep-domain industry expertise, customer-centricity and entrepreneurial culture of ideapreneurship™ enables businesses to transform into next-gen enterprises.

HCL offers its services and products through three lines of business - IT and Business Services (ITBS), Engineering and R&D Services (ERS), and Products & Platforms (P&P). ITBS enables global enterprises to transform their businesses through offerings in areas of Applications, Infrastructure, Digital Process Operations, and next generation digital transformation solutions. ERS offers engineering services and solutions in all aspects of product development and platform engineering while under P&P. HCL provides modernized software products to global clients for their technology and industry specific requirements. Through its cutting-edge co-innovation labs, global delivery capabilities, and broad global network, HCL delivers holistic services in various industry verticals, categorized under Financial Services, Manufacturing, Technology & Services, Telecom & Media, Retail & CPG, Life Sciences, and Healthcare and Public Services.



[www.hcltech.com](http://www.hcltech.com)

As a leading global technology company, HCL takes pride in its diversity, social responsibility, sustainability, and education initiatives. As of June 30, 2021, HCL Enterprise generates annual revenues of US\$ 10.54 billion and has 176,000 employees operating out of 50 countries. For more information, visit [www.hcltech.com](http://www.hcltech.com)